

Course Outline

Go ... Make a Difference!

- Designed for:** Those who want to learn how to use the Go Mad[®] Thinking System in order to achieve personal and business success
- Prerequisites:** Basic working knowledge of the Microsoft Office Word program ; the motivation to want to make a difference
- Objectives:** To teach how a difference can be made in your personal or professional life through self-development

Course Content

- **Module One** – Including: Getting straight to the point, knowing what the 7 key principles of the Go MAD[®] system are, being familiar with the Go MAD[®] framework, knowing the reasons why you want to make a difference, making a start on principle one
- **Module Two** – Including: Understanding your natural ability, being able to define your own success, deciding what you want, developing your goal writing ability, filtering out negative thoughts, defining your goal
- **Module Three** – Including: Knowing how to plan priorities, gaining self control, the difference between urgent and important, developing a system, knowing how to de-clutter, being aware of the time stealers, understanding that the plan may change
- **Module Four** – Including: Having self belief, becoming your own best friend, being able to sell yourself to yourself, knowing how to write self-talk statements, being able to recognise the dream stealers, eliminating failure
- **Module Five** – Including: How to involve others to make a difference, why you should involve others, being able to share your goal, being aware of your qualities
- **Module Six** – Including: Taking personal responsibility for your actions, refusing to blame others or make excuses, leading by example, choosing to make time, overcoming bitterness and resentment
- **Module Seven** – Including: Being ready to take action, facing challenges, measuring the difference, importance of defining new goals, celebrating success
- **Module Eight** – Including: Solution focused thinking, the four Go MAD[®] thinking components, changing hindering thoughts into helpful thoughts, systems thinking and process thinking, coaching others, applying Go MAD[®] to teams, meetings and projects, making a start to MAD[®]

Benefits

- Know how to use the Go MAD[®] Thinking System to achieve personal and business success
- The flexibility and value of a self-study course designed to enable you to work at your own pace
- A personalised workbook to use as a reference guide on completion of the course

Course duration: 6-8 hours